

BY: TIANA HILL

Welcome

Your Complete Guide
For Success



It's Time to
Build Your Life By Design
BE BOLD

WWW.BOLDLIFE.NET





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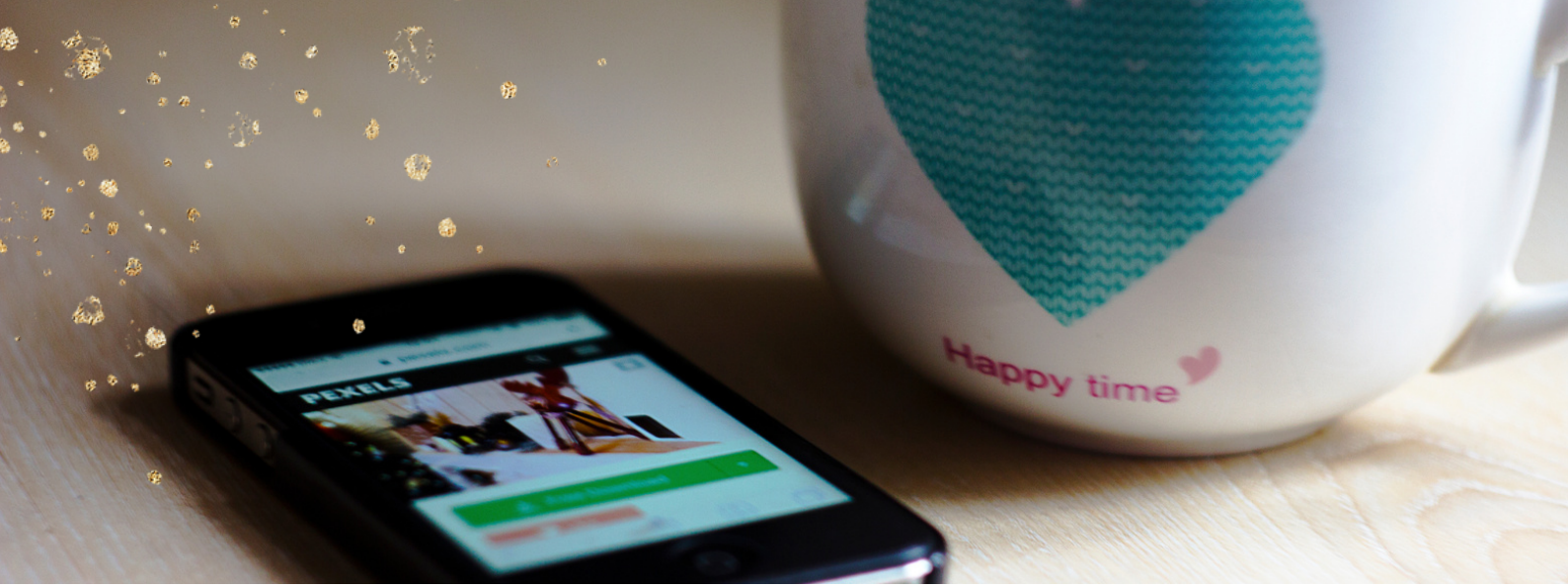


CLIENT AGREEMENT



PRIVACY AGREEMENT





IT'S NICE TO MEET YOU

My name is Tiana Hill, and I
am your new coach!!

As an expert on work-life balance,
stress control, performance
coaching and time management, I
am passionate about coaching
others in the art of goal setting
and self-improvement.

I am a military veteran and a
mother of 3. I have a Bachelor's
degree in Psychology and am a
certified life coach.



What You Can Expect From Me

1 I will listen, question and give feedback. I will assess where you are now and where you have come from. I will support you in setting your goals and taking action steps towards achieving them.

2 We can't guarantee results in life as these are dependent upon us creating the changes we need to achieve them. I will do my best to help you reach the goals you set for yourself, but the ultimate responsibility lies with you taking responsibility for the success you want.

3 I will ask you to work on various issues between sessions by assigning thought-provoking and inspiring journal assignments, action items, and other coaching tools. It is your decision to carry out these coaching requests or not.

4 Developing trust is of the utmost importance and trust can't be developed without confidentiality. Anything you share with me will be kept strictly confidential. I love what I do! This means I will work hard for you because for me, it's a calling..

What I Expect From You

1 To help identify what you want to achieve from each session I ask that prior to each session you please complete any assigned "homework" so we can make the most of our sessions together.

2 Make your coaching a priority in your life. Make sure you give yourself time each week to complete coaching requests. Journaling will be a big part of your journey. I highly encourage you to keep one.

3 Acknowledge that you are committed to moving forward to a more positive life. You are taking responsibility for the effects of your thoughts, feelings and actions, and recognize that blaming others is not helpful.

4 Be open to play, experimentation and trying something new. Be willing to look at your patterns and beliefs and change what isn't working. Don't expect to get the answers right away, but instead be willing to play around with what works and what doesn't work for you.

Payment Agreement

1 Fees are based on the coaching package you have purchased.

2 Payment is due within 3 days of your session. Subscriptions are deducted at regular intervals, and can be cancelled any time.

3 You will receive an invoice after your session. You are responsible for paying your agreed-upon session rate within 3 days or your card will be automatically charged. You will receive an emailed receipt as proof of payment.

4 You can cancel at anytime. There is a \$15 no-show fee for a missed scheduled appointment

Next Steps

1 FIRST THINGS FIRST

The other link in your email is a document that acknowledges your receipt of this book and agreement to the forms inside. Please complete it and submit it.

2 HEAD OVER TO MY WEBSITE

Click on the link to my website BOLDLIFE.NET in order to create an account. All of our communication and activities happen through my website

3 LET'S TALK

If you and I don't already have a time set up to meet via video chat/phone/in person, please schedule one on my website so we can get started reaching your goals.

4 TRUST THE PROCESS

This process will take time, but each week, you will get closer to reaching your goals and your full potential. I believe in you, and it is important that you also believe in yourself.



HOW TO CONTACT ME



I AM HERE
FOR YOU,
AND WILL
CONTINUE TO
BE
THROUGHOUT
THIS PROCESS



The easiest way to reach me is through email. I answer my emails within 24 hours.



If there is an emergency and you need to reach out immediately, you can text me and I can answer promptly



If you can't reach me through email or text you can call me, but I may be in another session, so I may have to return your call

Client Agreement

I will work with you to help you move forward with issues relating to goal achievement, and finding greater fulfillment in your working and personal life. I am qualified as a life coach in these matters and agree to provide coaching services to you.

If a dispute arises between us which cannot be resolved, we agree to enlist the services of an independent arbitrator. The independent arbitrator will resolve the dispute with fees to be split between the parties.

You acknowledge that I have no special training or qualification as a licensed professional psychiatrist, counselor, financial advisor, doctor, health professional, business expert or the like. I am not qualified to diagnose any medical condition or provide psychological counseling, behavioral counseling or psychotherapy/psychoanalysis.

Privacy Agreement

This Privacy Policy governs the manner in which BOLD Life Coaching LLC collects, uses, maintains and disclose information collected from users (each, a "User") of BOLD Life Coaching LLC and associated platforms. This privacy policy applies to the Site and all products and services offered by BOLD Life Coaching LLC.

INFORMATION COLLECTED

When you look at this website, our Internet Service Provider makes a record of your visit and logs the following information for statistical purposes: your server address your top level domain name (for example .com, .gov, .au, .uk, etc) the date and time of your visit to the site the pages you accessed and documents downloaded the previous site you have visited the type of browser you are using

PERSONAL IDENTIFICATION INFORMATION

We may collect personal identification information from Users in a variety of ways, including, but not limited to, when Users visit our site, register on the site, place an order, subscribe to the newsletter, respond to a survey, fill out a form, and in connection with other activities, services, features or resources we make available on our Site. Users may be asked for, as appropriate, name, email address, mailing address, phone number and credit card information.

Users may, however, visit our Site anonymously. We will collect personal identification information from Users only if they voluntarily submit such information to us. Users can always refuse to supply personally identification information, except that it may prevent them from engaging in certain Site related activities.

NON-PERSONAL IDENTIFICATION INFORMATION

We may collect non-personal identification information about Users whenever they interact with our Site. Non-personal identification information may include the browser name, the type of computer and technical information about Users means of connection to our Site, such as the operating system and the Internet service providers utilized and other similar information.

WEB BROWSER COOKIES

Our Site may use "cookies" to enhance User experience. User's web browser places cookies on their hard drive for record-keeping purposes and sometimes to track information about them. User may choose to set their web browser to refuse cookies, or to alert you when cookies are being sent. If they do so, note that some parts of the Site may not function properly. How we use collected information The BOLD Life Coaching LLC may collect and use Users personal information for the following purposes: • To improve customer service Information you provide helps us respond to your customer service requests and support needs more efficiently. • To personalize user experience We may use information in the aggregate to understand how our Users as a group use the services and resources provided on our Site. • To improve our Site We may use feedback you provide to improve our products and services. • To process payments We may use the information Users provide about themselves when placing an order only to provide service to that order. We do not share this information with outside parties except to the extent necessary to provide the service. • To run a promotion, contest, survey or other Site feature To send Users information they agreed to receive about topics we think will be of interest to them. To send periodic emails We may use the email address to send User information and updates pertaining to their order. It may also be used to respond to their inquiries, questions, and/or other requests. If User decides to opt-in to our mailing list, they will receive emails that may include company news, updates, related product or service information, etc. If at any time the User would like to unsubscribe from receiving future emails, we include detailed unsubscribe instructions at the bottom of each email. We only collect personal information for purposes which are directly related to our functions or activities under the Privacy Act 1988 (Privacy Act), Freedom of Information Act 1982 (FOI Act) or the Australian Information Commissioner Act 2010 (AIC Act), and only when it is necessary for or directly related to such purposes.

ONLINE ADVERTISING WE USE

We use Google AdWords Remarketing to trigger display ads across the Internet. AdWords Remarketing will display relevant ads tailored to you based on what parts of BOLD Life Coaching LLC website you have viewed by placing a cookie on your machine. THIS COOKIE DOES NOT IN ANYWAY IDENTIFY YOU OR GIVE ACCESS TO YOUR COMPUTER.

If you do not wish to participate in our Google AdWords Remarketing, you can opt out by visiting Google's Ads Preferences Manager.

HOW WE PROTECT YOUR INFORMATION

We adopt appropriate data collection, storage and processing practices and security measures to protect against unauthorized access, alteration, disclosure or destruction of your personal information, username, password, transaction information and data stored on our Site. Sensitive and private data exchange between the Site and its Users happens over a SSL secured communication channel and is encrypted and protected with digital signatures.

SHARING YOUR PERSONAL INFORMATION

We do not sell, trade, or rent Users personal identification information to others. We may share generic aggregated demographic information not linked to any personal identification information regarding visitors and users with our business partners, trusted affiliates and advertisers for the purposes outlined above. We may use third party service providers to help us operate our business and the Site or administer activities on our behalf, such as sending out newsletters or surveys. We may share your information with these third parties for those limited purposes provided that you have given us your permission.

THIRD PARTY WEBSITES

Users may find advertising or other content on our Site that link to the sites and services of our partners, suppliers, advertisers, sponsors, licensors and other third parties. We do not control the content or links that appear on these sites and are not responsible for the practices employed by websites linked to or from our Site. In addition, these sites or services, including their content and links, may be constantly changing. These sites and services may have their own privacy policies and customer service policies. Browsing and interaction on any other website, including websites which have a link to our Site, subject to that website's own terms and policies.

CHANGES TO THIS PRIVACY POLICY

The Coaching Institute has the discretion to update this privacy policy at any time. When we do, we will revise the updated date at the bottom of this page. We encourage Users to frequently check this page for any changes to stay informed about how we are helping to protect the personal information we collect. You acknowledge and agree that it is your responsibility to review this privacy policy periodically and become aware of modifications.

YOUR ACCEPTANCE OF THESE TERMS

By using this Site, you signify your acceptance of this policy and terms of service. If you do not agree to this policy, please do not use our Site. Your continued use of the Site following the posting of changes to this policy will be deemed your acceptance of those changes.

CONTACTING US

If you have any questions about this Privacy Policy, the practices of this site, or your dealings with this site, please contact us at:
BOLD Life Coaching Phone: 1888 372 2653 Email: tianahill@blcoaching.org

THANK YOU



Thank you for giving me the chance to work with you. Thank yourself for deciding to take a chance in order to make your life one that you can be proud of.

I'm not promising this road will be easy, but it will be worth it. You are worth all of the effort you decide to put into yourself. You will thank yourself for this and be proud of the person you are becoming.

Follow Me On Social Media



EMAIL:

tianahill@blcoaching.org

WWW.BOLDLIFE.NET